



PRIDE CENTER SAN ANTONIO



Serves the lesbian, gay, bisexual, transgender and HIV communities by connecting them and their families to community resources and organizations related to health, wellness, support, education, activities, and advocacy.

THANK YOU FOR HAVING ME



Robert Salcido, Jr.
He/Him/His
Executive Director

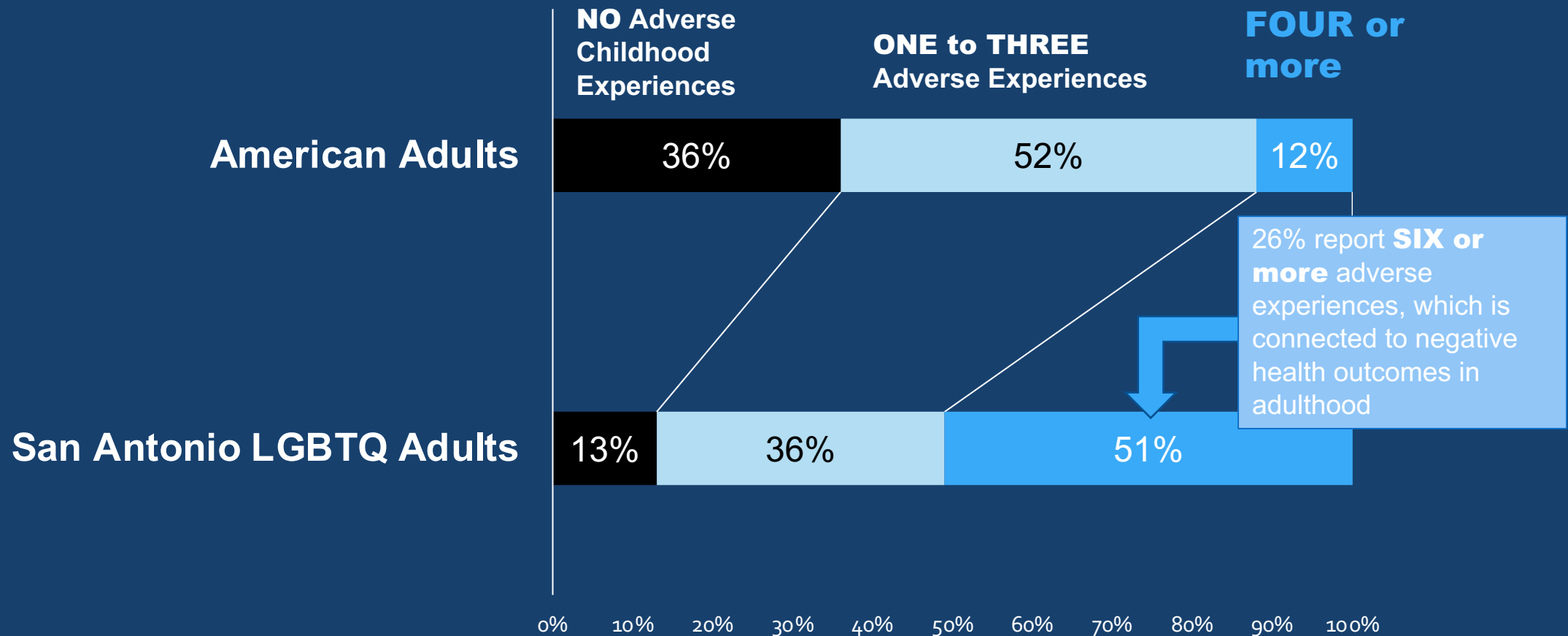
WHO ELSE AM I...



SAN ANTONIO LGBTQ+ 2020 SURVEY



NEED FOR HEALTHCARE



Resource: 2018 Survey San Antonio Strengthening Colors of Pride
Dr. Schnarrs, Dr. Stone, and Robert Salcido

Data from American adults is from the Kaiser ACE Study of 17,000 adults

BARRIERS TO HEALTHCARE



1 out of 10 LGBTQ adults (16+) in San Antonio reports problems accessing affordable or appropriate health care

1 out of 4 transgender adults in San Antonio reports problems accessing affordable or appropriate health care



NEEDING BETTER HEALTHCARE PROVIDERS



NOT TREATED WELL BY
EXISTING HEALTH CARE
PROVIDERS

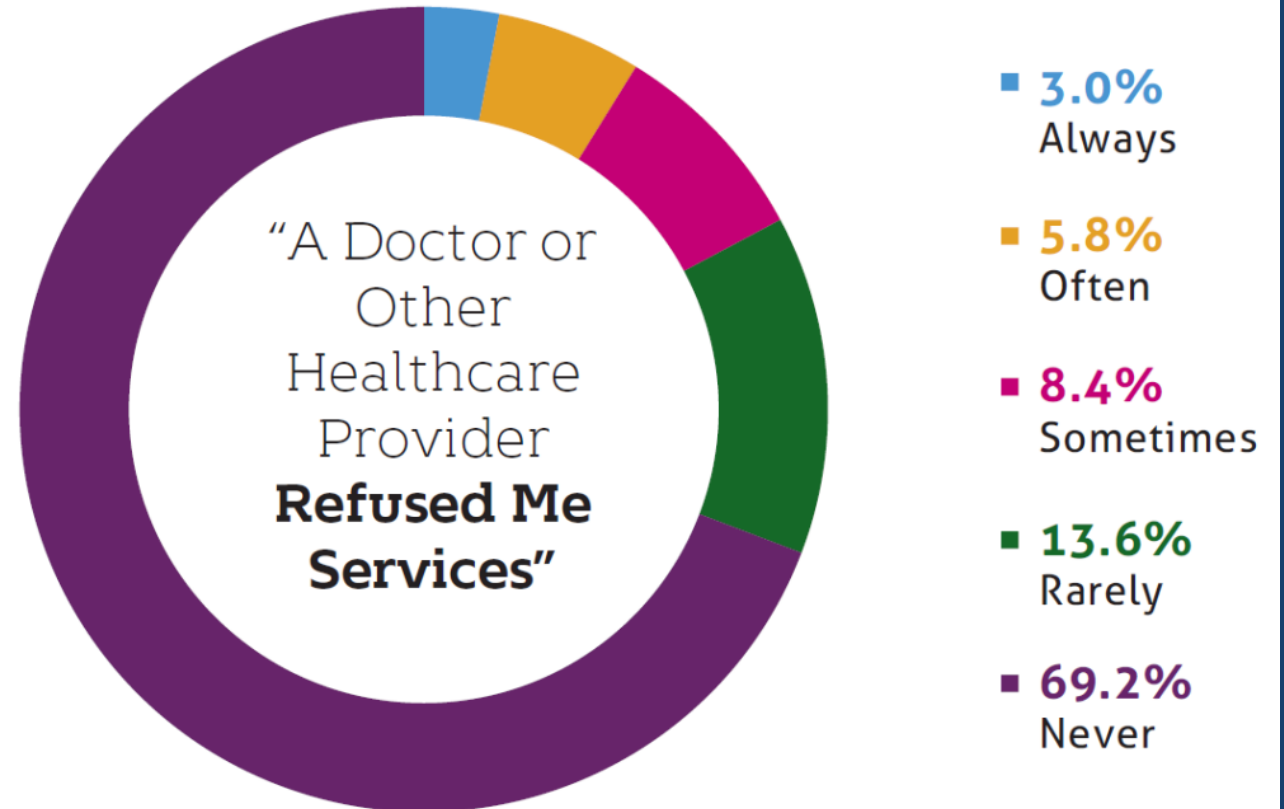


- 19.3%
Never
- 6.5%
Rarely
- 14.0%
Sometimes
- 27.8%
Often

NEEDING BETTER HEALTHCARE PROVIDERS



HIGH RATES OF REFUSAL OF HEALTH CARE SERVICES



TRANSGENDER HEALTH CARE EXPERIENCES



22%

Not covered by health insurance.

28%

Physical assault by healthcare providers.

44.6%

Seeking healthcare for gender-affirming care.

29%

Sexual assault by healthcare providers.

35.5%

Healthcare provider refused to give me trans-related care, like hormones.

49.2%

Healthcare provider advised me to seek care elsewhere because they did not have knowledge to provide me with proper care.

53.6%

Unsure of where to find a LGBTQ+ affirming provider.

64%

My doctor asked me unnecessary/invasive questions about my LGBTQ+ status unrelated to my visit.

BARRIERS TO HEALTHCARE



Key Themes:

- Affordability of Insurance or Getting Insurance
- Difficulty in finding providers who are not phobic and competent in LGBTQ health needs
- Providers who can prescribe hormones
- Finding Mental Health Services for LGBTQ+ people
- Transgender Transition Gate Keeping



STATE OF OUR COMMUNITY

WHAT WE KNOW?



- Increased demand for mental health services for trans kids and parents alike;
- skyrocketing requests of gender marker and name correction services;
- parents retreating from trusted online support groups in this climate of parental investigations;
- new financial burdens on families for legal defense and the cost of maintaining lifesaving care at significant distances from home.

RESPONSE



"In the United States of America, we respect the rights and dignity of all families. Transgender children bring fulfillment to their parents, joy to their friends, and are made in the image of God. Affirming a transgender child's identity is one of the best things a parent, teacher, or doctor can do to help keep children from harm, and parents who love and affirm their children should be applauded and supported, not threatened, investigated, or stigmatized." President Joe Biden

*Statement via the White House on 3/2/2022

WHAT IS AN ALLY?



WHO IS AN ALLY?



- Allies believe in equality for all people and advocate for LGBTQ People
- An Ally works at understanding the LGBTQ Community and learning about what matters in this community
- An Ally is willing and ready to stand against oppression, discrimination and prejudice
- Acknowledges and accepts own prejudices
- Acknowledges that they don't speak for the community but with the community

WHO IS AN ALLY?



- ▼ **Awareness:** It is important to become more aware of who you are and how you are different from and similar to lesbian, gay, bisexual, transgender, and queer people.
- ▼ **Knowledge:** you must begin to, and continue to, acquire knowledge about sexual orientation and gender identity and what the experience is for LGBTQ persons in society
- ▼ **Skills:** You must develop skills in communicating the knowledge that you have.
- ▼ **Action:** Action is, without a doubt, the only way that we can affect change in society as a whole, for, if we keep our awareness, knowledge, and skills to ourselves, we deprive the rest of the world of what we have learned, thus keeping them from having the fullest possible life

INCREASING INCLUSIVITY



1. Provide visual clues for LGBTQ members that you are a safe place.

Simple ways to create an inclusive environment include:

- Display brochures and educational materials that include LGBTQ families/people.
- Visibly post a nondiscrimination statement.
- Display posters from nonprofit LGBTQ or HIV/AIDS organizations.

2. Customize your intake forms.

- What options do you have for gender?
- What options do you have for legal name vs. used name?

EMPOWERING SAN ANTONIO'S LGBTQ+ COMMUNITY



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