Serves the lesbian, gay, bisexual, transgender and HIV communities by connecting them and their families to community resources and organizations related to health, wellness, support, education, activities, and advocacy.
THANK YOU FOR HAVING ME

Robert Salcido, Jr.
He/Him/His
Executive Director
NEED FOR HEALTHCARE

American Adults

- NO Adverse Childhood Experiences: 36%
- ONE to THREE Adverse Experiences: 52%
- FOUR or more: 12%

San Antonio LGBTQ Adults

- NO Adverse Childhood Experiences: 13%
- ONE to THREE Adverse Experiences: 36%
- FOUR or more: 51%

26% report SIX or more adverse experiences, which is connected to negative health outcomes in adulthood.

**Data from American adults is from the Kaiser ACE Study of 17,000 adults**
BARRIERS TO HEALTHCARE

1 out of 10 LGBTQ adults (16+) in San Antonio reports problems accessing affordable or appropriate health care.

1 out of 4 transgender adults in San Antonio reports problems accessing affordable or appropriate health care.

Resource: 2018 Survey San Antonio Strengthening Colors of Pride
Dr. Schnarrs, Dr. Stone, and Robert Salcido
NEEDING BETTER HEALTHCARE PROVIDERS

NOT TREATED WELL BY EXISTING HEALTH CARE PROVIDERS

“My Doctor Knew I was LGBTQ+ & Treated Me with Respect”

- 19.3% Never
- 6.5% Rarely
- 14.0% Sometimes
- 27.8% Often
NEEDING BETTER HEALTHCARE PROVIDERS

HIGH RATES OF REFUSAL OF HEALTH CARE SERVICES

“A Doctor or Other Healthcare Provider Refused Me Services”

- 3.0% Always
- 5.8% Often
- 8.4% Sometimes
- 13.6% Rarely
- 69.2% Never
## Transgender Health Care Experiences

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Experience</th>
</tr>
</thead>
<tbody>
<tr>
<td>22%</td>
<td>Not covered by health insurance.</td>
</tr>
<tr>
<td>44.6%</td>
<td>Seeking healthcare for gender-affirming care.</td>
</tr>
<tr>
<td>35.5%</td>
<td>Healthcare provider refused to give me trans-related care, like hormones.</td>
</tr>
<tr>
<td>53.6%</td>
<td>Unsure of where to find a LGBTQ+ affirming provider.</td>
</tr>
<tr>
<td>28%</td>
<td>Physical assault by healthcare providers.</td>
</tr>
<tr>
<td>29%</td>
<td>Sexual assault by healthcare providers.</td>
</tr>
<tr>
<td>49.2%</td>
<td>Healthcare provider advised me to seek care elsewhere because they did not knowledge to provide me with proper care.</td>
</tr>
<tr>
<td>64%</td>
<td>My doctor asked me unnecessary/invasive questions about my LGBTQ+ status unrelated to my visit.</td>
</tr>
</tbody>
</table>
BARRIERS TO HEALTHCARE

Key Themes:

• Affordability of Insurance or Getting Insurance
• Difficulty in finding providers who are not phobic and competent in LGBTQ health needs
• Providers who can prescribe hormones
• Finding Mental Health Services for LGBTQ+ people
• Transgender Transition Gate Keeping

Resource: 2018 Survey San Antonio Strengthening Colors of Pride
Dr. Schnarrs, Dr. Stone, and Robert Salcido
STATE OF OUR COMMUNITY
WHAT WE KNOW?

- Increased demand for mental health services for trans kids and parents alike;
- Skyrocketing requests of gender marker and name correction services;
- Parents retreating from trusted online support groups in this climate of parental investigations;
- New financial burdens on families for legal defense and the cost of maintaining lifesaving care at significant distances from home.
"In the United States of America, we respect the rights and dignity of all families. Transgender children bring fulfillment to their parents, joy to their friends, and are made in the image of God. Affirming a transgender child’s identity is one of the best things a parent, teacher, or doctor can do to help keep children from harm, and parents who love and affirm their children should be applauded and supported, not threatened, investigated, or stigmatized.” President Joe Biden

*Statement via the White House on 3/2/2022*
WHAT IS AN ALLY?

ALLY NOUN or VERB?
WHO IS AN ALLY?

- Allies believe in equality for all people and advocate for LGBTQ People
- An Ally works at understanding the LGBTQ Community and learning about what matters in this community
- An Ally is willing and ready to stand against oppression, discrimination and prejudice
- Acknowledges and accepts own prejudices
- Acknowledges that they don’t speak for the community but with the community
WHO IS AN ALLY?

**Awareness:** It is important to become more aware of who you are and how you are different from and similar to lesbian, gay, bisexual, transgender, and queer people.

**Knowledge:** you must begin to, and continue to, acquire knowledge about sexual orientation and gender identity and what the experience is for LGBTQ persons in society.

**Skills:** You must develop skills in communicating the knowledge that you have.

**Action:** Action is, without a doubt, the only way that we can affect change in society as a whole, for, if we keep our awareness, knowledge, and skills to ourselves, we deprive the rest of the world of what we have learned, thus keeping them from having the fullest possible life.
INCREASING INCLUSIVITY

1. Provide visual clues for LGBTQ members that you are a safe place.

Simple ways to create an inclusive environment include:

• Display brochures and educational materials that include LGBTQ families/people.
• Visibly post a nondiscrimination statement.
• Display posters from nonprofit LGBTQ or HIV/AIDS organizations.

2. Customize your intake forms.

• What options do you have for gender?
• What options do you have for legal name vs. used name?